

Affirmations for Kids

- ◆ I am love!
- ◆ I am awesome!
- ◆ I am very intelligent!
- ◆ I am a fast learner!
- ◆ I am worthy!
- ◆ I am deserving!
- ◆ I deeply love and accept myself!
- ◆ I trust my inner wisdom!
- ◆ I have wonderful, supportive friends!
- ◆ I am showered with love everyday!
- ◆ I enjoy learning!
- ◆ I learn what is taught at school quickly, completely and with ease!
- ◆ My teachers help me learn with ease!
- ◆ My teachers love and support me!
- ◆ I believe in myself!
- ◆ I believe in my abilities!
- ◆ I have many talents and gifts!
- ◆ I can easily overcome challenges!
- ◆ I am open to possibilities!
- ◆ I embrace my fears fully and calmly!
- ◆ I love my body!
- ◆ My body is perfectly healthy!
- ◆ I choose healthy food for my body!
- ◆ I love to move my body!
- ◆ I wake up feeling rested and energetic!
- ◆ I love my life!
- ◆ I am a magnet for miracles!
- ◆ I am creative!
- ◆ I am a great problem solver!
- ◆ I am unique and special!
- ◆ My parents love me for who I am!
- ◆ My whole family loves me just as I am!
- ◆ Everything is easy!
- ◆ Opportunities come to me all the time!
- ◆ I accept myself just as I am, even when I sometimes make mistakes!
- ◆ I get better and better each day in every way!
- ◆ I trust my intuition or inner guidance to guide me in what I do!

Affirmations for Kids

- ◆ I am calm and relaxed!
- ◆ I am always in the right place at the right time!
- ◆ I think positively!
- ◆ I trust myself to make great decisions!
- ◆ I am loving kindness!
- ◆ I trust in my ability to solve problems!
- ◆ I accept changes with ease!
- ◆ I visualize great things with ease!
- ◆ I have lots of energy!
- ◆ I am always safe!
- ◆ I am generous!
- ◆ I am successful!
- ◆ I am brave!
- ◆ I have an awesome imagination!
- ◆ I am confident!
- ◆ I am a kind and caring friend!
- ◆ I am loved!
- ◆ I spend time doing things I love everyday!
- ◆ I look good!
- ◆ I laugh a lot!
- ◆ I express myself easily!
- ◆ I am a winner!
- ◆ I make friends easily!
- ◆ I have many friends who like being near me!
- ◆ My friends support me!
- ◆ I am my own best friend!
- ◆ I enjoy playing games with my friends!
- ◆ Learning is fun and exciting!
- ◆ I feel confident and secure!
- ◆ I read, write and learn fast!
- ◆ I feel great!
- ◆ I have plenty of time to do the things I want to do!
- ◆ I write tests with ease!
- ◆ I am able to share my talents with others!
- ◆ I adapt to change with ease!
- ◆ I love trying new things!
- ◆ I am beautiful, inside and out!
- ◆ I enjoy my own company!
- ◆ I love my life and have lots of fun!
- ◆ When I make mistakes I choose to learn from them!

Affirmations for Kids

- ◆ I am deeply grateful!
- ◆ I am kind to others and myself!
- ◆ I am content!
- ◆ I am strong!
- ◆ I am courageous!
- ◆ I am special!
- ◆ I am totally amazing!
- ◆ I am smart!
- ◆ I am grateful!
- ◆ I am powerful!
- ◆ I acknowledge that I am a bright person and with my thoughts, I can create a rewarding life!
- ◆ I am constantly moving forward in the direction of my goals!
- ◆ I sleep well and have wonderful, happy dreams!
- ◆ I am trustworthy!
- ◆ I look for things to be grateful for!
- ◆ I love being healthy!
- ◆ I believe in my dreams!
- ◆ I have an excellent memory!
- ◆ I am perfect just as I am!

Nola Peacock

Parenting Expert, Speaker

Confident Happy Kids

Email: nola@confidenthappykids.com

Phone: 403-477-6594